

## *18. Cucumber Mint Salad:*

Combine the following:

- 1 bunch each mint and parsley, stems removed,
- 2 diced cucumbers,
- 1 diced red bell pepper,
- 6 minced scallions,
- 4 seeded and chopped tomatoes,
- ½ cup fresh lemon juice,
- ¼ cup extra virgin olive oil,
- ½ teaspoon sea salt and
- ½ teaspoon paprika.

Mix gently & serve